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June 26, 2023

Dear Neighbors,

We are patients of the Open Door Clinic, and want to share how, with your support, the Clinic has improved our health, our work, and our wellbeing here in Addison County:

"I am a 31-year-old Spanish-speaking man who works a daily shift from 3:30am to 6pm, mucking stalls, feeding cows, and weaning calves. Because of the Open Door Clinic, my sciatic nerve pain is managed through regular visits with a physical therapist. *If I didn't have the Clinic, I would just work through the pain* – it's scary to think how long that would be sustainable, or what the long-term effects might be when I finally go home to my wife and my daughter."

"I am a 24-year-old woman who recently arrived in the United States with my toddler to join my husband on a dairy farm in Addison County. ODC offered me a physical to check my overall condition after our journey and referred me to a gynecologist to receive birth control. I'm so happy to be with my husband again and we are both relieved to know that *because of the Clinic, we have control over how and when our family will continue to grow.*"

"I needed a fresh start, so I came to Vermont without a plan or a place to stay. I was facing homelessness and in desperate need of mental health services. My journey took a positive turn when I was referred to Melanie, ODC's Vermont Health Connect Insurance Counselor. Melanie offered me support and helped me navigate the process of enrolling in Medicaid. *That crucial step allowed me to access the mental health care I needed.* Through this assistance, I'm beginning to find stability and strength to gradually overcome my difficulties and embrace a brighter future."

The ODC has built trust with our communities in ways that have had a direct and positive impact on our lives. We hope you'll take a moment to read the enclosed flier and see the impact your donations have made for us and others like us.

Please donate via check, using the enclosed envelope—or online, if you prefer, at opendoormidd.org/donate.

Your donations, ODC's dedicated staff, and the contributions of time and expertise by medical providers, interpreters and other volunteers increase our health and wellbeing. Collectively, you ensure that everyone has equitable access to necessary medical care.

We are proud to work and live among you.

With gratitude,

Your Neighbors

